#### SENIOR ADULT ITINERARY



# IN **ALPHARETTA** GEORGIA!

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Alpharetta is an innovative suburb destination

with a charming, relaxed pace for even the youngest at heart to keep up. Have a spunkier group on your tour? Blend these suggestions with some of the active adult options below!

#### DAY ONE

**MORNING** | Begin the day with brunch at **Flatlands Bourbon & Bayou**. From Bloody Marys to beignets, their Cajun-inspired menu will fuel you up for a fun day ahead.

**MIDDAY** | Enjoy the beautiful Georgia weather at **Topgolf**, Alpharetta's premier golf entertainment complex. No experience is needed to compete in point-scoring games over cocktails. After swinging the clubs, grab lunch while overlooking Alpharetta on the rooftop patio. AFTERNOON | Have a sweet tooth? Visit Scream'n Nuts, a neighborhood small batch creamery and donuttery specializing in artesan ice cream, donuts, and locally roasted coffee. Looking for a healthier option to accommodate allergies and dietary restrictions in the group? 2B Whole Gluten Free Bakery in downtown has plenty of delicious gluten-free, dairy-free, nut-free, and low-glycemic options available for the crowd. Grab a cup of joe from Valor Coffee and relax on the outdoor patio while enjoying the beautiful Georgia weather. Venture to La Bella Maison to pick up a one-of-akind gift, accessory or home decor.

Active Adult Option: Explore all of the vibrant downtown district of Alpharetta with boutique shopping and quaint galleries such as **Sis + Moon's**, **Korner Soak, The Ballog, Mountain High Outfitters, Clothes Horse Men's Apparel** and **Comeback Vinyl**.

**EVENING** | Indulge with a hand crafted beverage at **MADE Kitchen and Cocktails** in downtown Alpharetta. Sip on a refreshing and seasonal drink while being surrounded by century old cotton mill beam décor. Enjoy an al fresco experience on the covered patio that allows patrons a glimpse of the city streets while dining.



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Arts. Music. Festivals. Games. With so much to do, you'll have to *stay the weekend*!

### DAY TWO

**MORNING** | Start the day with breakfast at the **Original Pancake House** where you can order your favorite homemade breakfast items. The restaurant also has a private room for your group and special menu items for senior citizens.

MIDDAY | Find your artsy side with a private art class at All Fired Up in downtown Alpharetta. Take a break for lunch at Crust Pasta and Pizzeria. All sauces and dough are made fresh and in-house. Spend the afternoon exploring the downtown Alpharetta shops for artistic finds. After lunch, cross the street to explore the Alpharetta & Old Milton County History Museum\*. The museum covers the history of Alpharetta, from its earliest days as Cherokee Indian territory, through its remarkable emergence as one of the nation's most vibrant high tech cities. **AFTERNOON** | Imagine a relaxing afternoon in the early 1900's while visiting the **Mansell House and Gardens.** Call ahead to arrange a group tour by a member of the Alpharetta Historical Society.

Active Adult Option: Tour the Walk of Memories and the new Alpharetta Veterans Memorial behind City Hall. Or take the Alpharetta History Walk through downtown Alpharetta. Free brochures can be picked up at the Alpharetta Welcome Center to help guide you on your adventure!

**EVENING** | Enjoy dinner and a show at Alpharetta's private living room setting jazz venue, **The Velvet Note**. Kick back and relax as some of the big names in jazz serenade you in a setting that reminds you of your own home.

## **DAY THREE**

**MORNING** | Grab a light breakfast in the comfort of your Alpharetta hotel.

**MIDDAY** | Enjoy locally sourced produce and herbs in **Farm to Ladle's** fresh and healthy menu items. Then, kick back on the Plaza lawn or patio with a coffee or sweet treat at **Café Intermezzo**.

Active Adult Option: Spend the afternoon exploring **Avalon's** shopping and entertainment options.

**EVENING/DINNER** | Chop, sauté and savor during a cooking class at the only **Publix Apron's Cooking School** in Georgia. Popular chefs from around the area have been known to drop in and teach a class on their favorite dishes.

\* Not open weekends



